

Emotions Matter!

Workshop Series for Family Child Care Providers

Excitement to frustration, to disappointment, to fear, to happiness, young children and the adults in their lives have many emotions throughout the day.

Children who have the emotional intelligence skills to:

Recognize
Understand
Label
Express
Regulate

their emotions get along better with others and are better able to learn.

Through these four workshops, providers will learn about **RULER**, an approach and set of tools that help children (and adults) develop and practice emotional intelligence!

Licensed Family Child Care Providers, Substitutes and Assistants are welcome to attend this intensive training.



DATES & TIMES

Saturdays, 9:00am-12:00pm
October 21, November 4 & 11, January 13
(*January 27 inclement weather)
Participants will be asked to commit to all four sessions

LOCATION

All Our Kin – Stamford office
1231 Washington Boulevard, Stamford 06901

FACILITATOR

Dr. Craig S. Bailey, Associate Research Scientist
& Sarah Kadden, Program Manager at the Yale
Center for Emotional Intelligence

TO REGISTER

Please contact us at network@allourkin.org or
203-772-2294.

For additional information, contact
craig.bailey@yale.edu or dana@allourkin.org