

All Our News

All Our Kin New Haven Office: (203) 772-2294 414A Chapel Street, Suite 100, New Haven
All Our Kin Bridgeport Office: (475) 282-4770 1550B State Street, Bridgeport
All Our Kin Stamford/Norwalk Office: (475) 619-9641 1231 Washington Boulevard, Stamford

ISSUE XXXV, FEBRUARY 2019 Get the latest information and updates at allourkin.org/PD-opportunities

MONTHLY NETWORK OPPORTUNITIES

You are always welcome to attend events at any of our sites.

Please remember to sign up at least two days in advance. Meetings are for adults ONLY; please do not bring children.

Light meals will be included. All of our sessions are English-Spanish bilingual unless otherwise listed. We hope to see you soon!

To register for all events, please contact us at network@allourkin.org or 203-772-2294

NEW HAVEN

Mindfulness and Self Care for the Care-giver

New Haven office
Wednesday, February 27
6:00 - 8:30 pm

As caregivers we are so busy caring for those around us that we sometimes forget to care for ourselves! In this class we will discuss why self care is important and add some self care strategies to our toolbox. We will also discuss the impact of stress on the brains of both children and adults and how to use mindfulness strategies to manage our own stress and address challenges that might arise while working with young children.

All Our Kin Accounting System Workshop

See flyer for more details.

Common Childhood Respiratory Illnesses

New Haven Office
Wednesday, March 6
6:00 - 8:30 pm

Attend to gain practical knowledge about respiratory health expectations for the children in your programs as well as causes, symptoms, and red flags for respiratory illnesses (with a focus on asthma). You will also discuss how to communicate what you are observing with families and have a chance to ask questions to experts in the field.

BRIDGEPORT

Follow-up Discussion from Network Survey

Bridgeport office
Tuesday, February 12
6:00 - 8:00 pm

We heard from over 130 of you and we'd like to take time to talk with you about what we heard what we should celebrate and how we can do better. Please join us for a forum to discuss what AOK should keep doing and what we should change to better support you and your communities.

Business Series

Bridgeport office
Saturdays, beginning February, 23 and ending May 4, & Wednesday, March 6.
9:00 am - 12:00 pm

Come learn about the tools and knowledge you need to successfully manage your family child care business.

This free 10 week series will cover topics such as child care contracts, setting prices, marketing, accounting systems, budgeting, recordkeeping for taxes and much more. Participants should commit to attending all ten classes.

Basic Computer Use for Family Child Care Providers

Bridgeport office
Wednesday, February 27
6:00 - 8:00 pm

Join us to learn basic PC skills to support your child care program. Skills covered will include communication with parents, organization, basic record keeping, security and search tools. This is a beginner workshop for those who wish to be more efficient on their personal computer.

STAMFORD/NORWALK

Follow-up Discussion from Network Survey

Stamford office
Tuesday, February 26
6:30 - 9:00 pm

We heard from over 130 of you and we'd like to take time to talk with you about what we heard what we should celebrate and how we can do better. Please join us for a forum to discuss what AOK should keep doing and what we should change to better support you and your communities.

DANBURY

Making Music with Children for Social and Emotional Development

Naugatuck Community College
190 Main Street, Danbury
Thursdays, February 21, 28 & March 7 (snow date March 21)
6:30 - 9:30 pm

In this three-part workshop, participants will learn to use music and movement to promote positive interactions and reduce challenging behaviors. Even if you never thought of yourself as a musician, discover many accessible instruments in your very own home and simple games that will engage and nurture emotional development.

Featured Photo Corner

This month's featured photo comes to us from Natasha Auguste-Williams in Bridgeport! Do you want your program to be featured in next month's newsletter? Send your best recent photo to network@allourkin.org by February 15 to be considered. If your photo is chosen, it will be featured in our newsletter and on our social media accounts, and you will receive a \$5 Target gift card.

Make sure that the parents of any children featured have signed an All Our Kin photo release. Need a photo release form? Let us know and we can send you one!



Keeping warm in this cold winter.

CPR and First Aid Class

New Haven office
Wednesdays, February 13 & 20
6:00 - 9:00 pm
\$60 cash only
To register, contact Erica Fine at 203-772-2294

Bridgeport office
Saturday, February 16
10:00 am - 3:00 pm
\$60 cash only
To register, contact Colby at 475-282-4770